

QUAD ARTISTIC

PLATE	MIRAGE	VARIANT F	VARIANT M	VARIANT C	MISTRAL	MATRIX	EVO
LEVEL	FIRST STEPS	FIRST STEPS / SINGLE JUMPS	SINGLE JUMPS	SINGLE JUMPS / DOUBLE JUMPS	DOUBLE JUMPS	TRIPLE JUMPS	TRIPLE JUMPS / QUAD JUMPS

DANCE

PLATE	DANCE
LEVEL	ALL

COMPULSORY

PLATE	SATURNO	GIOTTO	SPIN
DISCIPLINE	LOOPS	CIRCLES	CIRCLES / LOOPS

RINK HOCKEY

PLATE	AGILE
LEVEL	ALL

ROLLER DERBY

PLATE	BLASTER
LEVEL	ALL