

ARTISTIC

PLATE	MIRAGE	VARIANT F	VARIANT M	VARIANT C	MISTRAL	MATRIX	EVO
LEVEL	FIRST STEPS	FIRST STEPS / SINGLE JUMPS	SINGLE JUMPS	SINGLE JUMPS / DOUBLE JUMPS	DOUBLE JUMPS	TRIPLE JUMPS	TRIPLE JUMPS / QUAD JUMPS

DANCE

PLATE	DANCE	
LEVEL	ALL	

COMPULSORY

PLATE	SATURNO	GIOTTO	SPIN	
DISCIPLINE	LOOPS	CIRCLES	CIRCLES / LOOPS	

RINK HOCKEY

PLATE	AGILE	AGILE	
LEVEL	MEDIUM	PRO	